

Informed Consent Form

I, the undersigned, hereby authorize Lori Field, L.Ac. to perform the following procedures:

- **Acupuncture:** insertion of pre-sterilized, disposable needles through the skin into the underlying tissues at specific points on the body.
- **Electroacupuncture:** using small amounts of electricity to stimulate specific acupuncture points.
- **Infrared Heat:** applying heat generated by an infrared lamp over a specific area of the body.
- **Moxa:** indirect burning of an herbal compound on acupoints using stick or cone moxa.
- **Cupping:** glass cups are placed on the skin with a vacuum created by heat or suction device.
- **Tui Na/Acupressure:** Traditional Chinese medical massage and manual therapy.
- **Liniments, Oils, Plasters:** herbal formulas applied topically to the skin.
- **Nutritional Advice:** includes diet and herbal recommendations.

I understand the potential benefits and risks of these procedures include:

- **Potential Benefits** (including but not limited to): drugless relief of presenting symptoms and improved balance of body energies that may lead to the prevention, improvement or elimination of the presenting problem.
- **Potential Risks** (including but not limited to): discomfort, pain, bruising, blistering, bleeding, infection at the site of the procedure, temporary discoloration of the skin, possible aggravation of symptoms existing prior to the acupuncture treatment, dizziness, nausea, fainting, stuck or broken needle.

Patients with bleeding disorders or pacemakers as well as pregnant patients should inform the practitioner prior to treatment.

With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given to me regarding cure or improvement of my condition. I hereby release Lori Field from any and all liability, which may occur in connection with the above-mentioned procedures, except for the failure to perform the procedures with appropriate medical care. I understand that I am free to withdraw this consent and to discontinue participation in these procedures at any time.

Signature of patient (or guardian if under 18)

Date

Lori Field received her Master's Degree in Acupuncture and Oriental Medicine from Bastyr University in Seattle, WA in 2004. She has passed the National Board Examination for Acupuncture administered by the National Committee for the Certification of Acupuncturists (NCCAOM) and is designated a Diplomat of Acupuncture by the NCCAOM. She is a Licensed Acupuncturist in the State of Washington, holding Acupuncture License number AC00002633, active from 2004.